



MOM'S GUIDE

Motherhood in every stage

Stages of Pregnancy:
How BIG is your *baby?*

How BIG is your baby?

1st Trimester of pregnancy



Week 3

Poppy Seeds



Week 4

Sunflower Seeds



Week 5

Peas



Week 6

Blueberry



Week 7

Raspberry



Week 8

Olive



Week 9

Cherry



Week 10

Lime Fruit



Week 11

Plum



Week 12

Lemon



Week 13

Nectarine



2nd trimester begins!



How BIG is your baby?

3rd Trimester of *Pregnancy*



Week 27

Cucumber



Week 28

Red Cabbage



Week 29

White Cabbage



Week 30

Coconut



Week 31

Celeriac



Week 32

Pineapple



Week 33

Butter Squash



Week 34

Honey Melon



Week 35

Swiss Chard



Week 36

Winter Melon



Week 37

Rhubarb



Week 38

Hokkaido



Week 39

Watermelon



Week 40

Pumpkin



Week 41

Jackfruit



How BIG is your baby?

2nd Trimester of pregnancy



Week 14

Apple



Week 15

Avocado



Week 16

Pear



Week 17

Bell Pepper



Week 18

Carrot



Week 19

Artichoke



Week 20

Sweet Potato



Week 21

Papaya



Week 22

Grapefruit



Week 23

Sweetcorn



Week 24

Eggplant



Week 25

Lettuce



Week 26

Cauliflower



3rd trimester begins!





Spring Giveaway



Bronze Ultrasound Package

Valued at \$129

- ✓ 3D/HD ultrasound session
- ✓ Baby's Gender Reveal, upon request
- ✓ Watching baby's activities
- ✓ Listening to baby's heartbeats
- ✓ Face and body scan
- ✓ 3D Images
- ✓ Printed 4 x 6 photo



Take part in our exciting giveaway!

**Check out our Instagram
Page on April 11**



**Ready to meet
your *little angel?***

Book here

For special offers & giveaways,
follow our socials & check our website.



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